

Led walk around Bentley Park Every Friday 10.00am - 12.00pm

The walk will begin at the Cooke Street entrance and end at The Pavilion with refreshments.

The route is **1.2 miles** and takes approx. **60 minutes.**



A gentle walk around the pathways of Bentley Park, which will take you past the Lily Pond, wildflower area, play areas and bandstand before stopping for refreshments in The Pavilion. This walk takes place on flat, well maintained footpaths within the park which are suitable for wheelchairs and mobility aids. There are several benches and seating areas around the route, and there will be plenty of opportunities to rest.

All abilities and fitness levels are welcome.

After the walk, join us for a free cuppa and chat in the cafe!



Book your FREE session or find out more by scanning the QR code, clicking the link to our webpage or contacting us! www.yourlifedoncaster.co.uk/ride-stride-and-thrive

Email: ridestrideandthrive@doncaster.gov.uk

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